

## Where and how should you isolate?



### Stay home

Stay home except to receive medical care; do not come to campus, visit with others or take public transportation.

Remain in isolation until cleared by a public health staff member.



### Monitor your symptoms

Monitor your symptoms and notify a healthcare provider of any changes or worsening of symptoms.



### Avoid close contact with other members of your household and pets

Avoid contact with other members of your household. Stay in a separate room from other household members and use a separate bathroom, if possible.



### Wash your hands

Regularly wash your hands for at least 20 seconds with soap and water or use hand sanitizer. Disinfect common surfaces daily.



### Wear a face mask

If you must be around other people inside or outside of your household, wear a mask over your nose and mouth. Keep six feet of distance between yourself and others at all times.

**The most important part about isolation is to follow the guidance provided by a public health official.**